

COVID-19 RETURN TO CHURCH AFTER ILLNESS OR TRAVEL

If you are experiencing at least one (1) COVID-19 symptom, or someone in your household is experiencing at least 1 COVID-19 symptom, but neither of you have a positive COVID-19 test, you may return to church when:

- You have been fever-free without medication for 24 hours;
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

If you are experiencing at least one (1) COVID-19 symptom, but you have not been exposed (< 6 feet for 15+ min) to anyone who has tested positive for COVID-19, you may return to church when:

- You have been fever-free without medication for 24 hours;
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

If you are experiencing at least one (1) COVID-19 symptom and you have had a positive COVID-19 test result, you may return to church when you can fulfill EITHER Option A or Option B below:

○ **OPTION A:**

- You have been fever-free without medication for 24 hours;
- It has been ten (10) days since your COVID-19 symptoms first appeared;
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

○ **OPTION B:**

- You have been fever-free without medication for 24 hours;
- You have a timely, negative COVID-19 test result (the timing of the test and result should make sense based on the circumstances);
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

If you are experiencing at least one (1) COVID-19 symptom and you have been exposed (< 6 feet for 15+ min) to someone who has tested positive for COVID-19, you may return to church when you can fulfill EITHER Option A or Option B below:

○ **OPTION A:**

- You have been fever-free without medication for 24 hours;
- It has been ten (10) days since your COVID-19 symptoms first appeared;
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

○ **OPTION B:**

- You have been fever-free without medication for 24 hours;
- You have a timely, negative COVID-19 test result (the timing of the test and result should make sense based on the circumstances);
- Your symptoms have been lessening or improving; AND
- You have a doctor's note.

If you are not experiencing any of the symptoms related to COVID-19, but you have had a positive COVID-19 test result, you may return to church when EITHER Option A or Option B below applies:

○ **OPTION A:**

- You are not experiencing any COVID-19 symptoms;
- It has been ten (10) days since your positive COVID-19 test result; AND
- You have a doctor's note.

○ **OPTION B:**

- You are not experiencing any COVID-19 symptoms;
- You have a timely, negative COVID-19 test result (the timing of the test and result should make sense based on the circumstances); AND
- You have a doctor's note.

If you are not experiencing any of the symptoms related to COVID-19, but you have been exposed (< 6 feet for 15+ min) to someone who has tested positive for COVID-19, you may return to church when:

- You are not experiencing any of the COVID-19 symptoms; AND
- You have self-quarantined away from campus for at least fourteen (14) days since your last exposure to that person.

If you are testing for COVID-19, or someone in your household is testing for COVID-19 (not including voluntary testing without symptoms, e.g. surge testing, travel testing), but you do not have the test results, you may return to church when EITHER Option A or Option B below applies:

○ **OPTION A- Positive result:**

- You have been fever-free without medication for 24 hours;
- You are not experiencing any COVID-19 symptoms OR your symptoms have been lessening or improving;
- It has been ten (10) days since your positive COVID-19 test result; AND
- You have a doctor's note.

○ **OPTION B- Negative result:**

- You are not experiencing any COVID-19 symptoms;
- You have a timely, negative COVID-19 test result (the timing of the test and result should make sense based on the circumstances); AND
- You have a doctor's note.

If you traveled outside of the state of Hawaii, you may return to church when you have completed EITHER Option A or Option B below:

○ **OPTION A-** Quarantined for fourteen (14) calendar days (you may return any day after the 14th day)

○ **OPTION B**

- Quarantined for five (5) days from your date of return to Hawai'i;
- Taken a COVID-19 test post-quarantine (your test date should be at least 5 days after your date of return to Hawaii); AND
- Tested negative for COVID-19 on the test taken in Hawaii.

NOTE* *You may be asked to produce documentation showing your date of return, as well as your negative test results. The CDC defines "exposure" as being in close contact (less than 6 feet) for 15 or more minutes*